

Anniversaries

No Anniversaries.

Saturday 8th:- Vigil
Ballyheada 7.30pm

Mass Intentions:-

Christina Kiely, Ballyheada.
Harry Desmond, Ballyheada.
Lena Nagle, Tracton.
Phil Duggan, Coolatooder.



Sunday 9th:-
Ballygarvan 10.30am

Mass Intentions:-

John Joe O'Sullivan, Ballinahina.
Fr. Matthias Murphy, Ballinahina
& New Zealand.
John Twomey, Ballygarvan.

Goggins Hill 12noon

Mass Intentions:-

Josephine Cullinane, Ballynoe.
(Months Mind)
Mary O'Keeffe, Rearour.

We Remember

Agnes Bowen (née Desmond) *Ballea & Ballyheada.*

Maggie O'Sullivan, (née Collins)
Innishannon & Ballinhassig who died this week.

*We pray for their families,
neighbours and friends.*



MASS TIMES Next Week:-

Wednesday 12th:-
Goggins Hill 9.30am

Thursday 13th:-
Ballyheada 9.30am
Rosary for Lent after 9.30am Mass

Friday 14th:-
Ballygarvan 9.30am
Adoration after 9.30am Mass

Saturday 15th:-
Ballyheada 7.30pm

Sunday 16th:-
Ballygarvan 10.30am
Goggins Hill 12noon

Readings March 16th

Gn 15:5-12, 17-18.

Ps 26:1,7-9,13-14, R/ v 1.

Phil 3:17-4:1. Lk 9:28-36.



Special Collection March 8th/9th

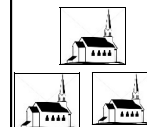
Second Collection this week end is
for **Irish Bishops Commission.**

Ballinhassig Parish Pastoral Council
Meeting Tuesday **March 11th** at
7.30pm in the Parish Office, Barrett's
Hill. New members welcome.

Ballinhassig Parish

Newsletter

for Ballygarvan, Ballyheada and Goggins Hill



Vol. 33 No. 27 Sunday: March 9th, 2025 (First Sunday Of Lent)

Mary O'H
writes...

Symbols of Lent in our Homes

We need to choose to let our homes be a place full of the Holy things that help raise our minds and hearts to God. *As we journey through Lent perhaps we could begin to make ourselves more aware of the significance of the following symbols in our home.*



Crucifix:- We probably all have a crucifix in our home. If not, Lent might be a wonderful time to buy one and place it in a central place. Jesus' death can be a powerful reminder of God's love for us.

Water:- We can pray over a simple bowl of holy water, in a central place. **"Lord, may this water remind us of our baptism and be a blessing for our home, where our dying and rising in you is lived each day. Bless us, as we sign ourselves with it each day."**

Sand:- A bowl of sand can help us remember our journey. God led the people in their journey in the desert. Jesus re-enacted that journey to face his own temptations. The desert can be a place of retreat where there is freedom from distractions.

Candle:- Place a candle in a central place in your home and begin praying over it as we begin Lent. **"Lord thank you for the gift of your Light in the midst of all darkness. Let this candle be a symbol of our faith in your presence among us."** This will prepare us for the lighting of the New Fire at the Easter Vigil. Baptismal candles belong to our children, could also be lit, we can remember the words **"Receive the light of Christ... Keep this flame burning brightly."**



Bible:- The prominent presence of a **Bible** in our home can represent for us our desire for God's Word in our lives. Eventhough the story is the same we continuously find new meaning.

2025 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday

by Mary O'Halloran (021 4885 062, 021 4885 257)

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Springtime of the Spirit

Each year the trees give us a lesson in renewal.

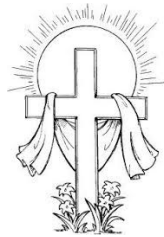
First they bud, then they blossom, and finally they shoot.

Spring dresses the trees in a new robe, and makes them young again.

But this is possible only because in autumn they let go of their old leaves, and in between endured a period of nakedness.

Lent is in the Springtime of the Spirit.

Lord, help us not to be afraid to let go of old habits, and to face our spiritual poverty, in order that you may renew us, and so at Easter we will feel young again in our discipleship.



Thought for Lent

Instead of **giving up** something for **Lent** consider **taking up** something:-

- ** family prayer;
- ** pray the Rosary;
- ** call to the Church and pray the Stations of the Cross;
- ** do something for a family member, neighbour or friend.
- ** help the poor, sick, old or lonely.



Pope Francis

Thursday **March 13th** is the anniversary of the election in 2013 of **Pope Francis as Supreme Pastor of the Church.**

We remember Pope Francis in our prayers as he remains in hospital.



Lourdes – Young Adult Helper

Want to travel to Lourdes as a Young Adult Helper (aged 18-25) with the Diocese of Cork & Ross in September.

(September 19th –24th)

Subsidised fares.

Further information email:

youthministry@corkandross.org

Lourdes Pilgrimage 2025

Cork & Ross Lourdes Pilgrimage 2025.

September 19th -24th. Depart from Cork; Choice of Hotels from 939Euro pps. Booking and information Joe Walsh Tours **01 2410 800.**

Volunteers Required:- Doctors, Nurses, Care Assistants & Helpers.

General enquiries **085 2525 040** & email lourdes@corkandross.org

Sacred Space For Lent

You are invited to create, if you have not already done so, *your own Prayer/Sacred Space at home for Lent.* Use a **purple cloth** and any of the following if you have them.

Ashes to remind us of the passing nature of our lives.

A Cross – symbol of Love & Hope.

Stones –symbol of our inner Lenten journey

Holy Water - reminds us we are preparing to renew our baptismal promises.

Candle - reminds us that the Light of Christ is with us during our Lenten journey and we are also preparing ourselves for the new fire that will be lit at the Easter Vigil.

Open Bible - reminds us of the central place of God's Word in our lives.

Heart – this can be cut out of paper or any material and reminds us that Lent affords us an opportunity to open our hearts to God.



LENTEN PRAYER

In this season of Lent we need to turn our attention to our inner preparation for Easter.

During Lent, on **Thursdays** Jerry O'Sullivan will lead the **Rosary after 9.30am Mass in Ballyheada.** **Adoration** on Fridays after **9.30am Mass** in Ballygarvan.

Join your fellow parishioners for prayer on our Lenten journey as we are challenged to learn once again what it means to be a follower of Jesus. All welcome.

National Tree Week March 9th -16th

Annual event organised by the Tree Council of Ireland in partnership with Coillte.

Theme 2025 **"Planting Trees, Growing Together."**



Trócaire - Lent

Traditionally, during **Lent** we make a special effort of supporting our brothers and sisters in need. In Ireland, we have done that through the **Trócaire Lenten Campaign.** **Trócaire boxes** are available in all churches.

This year the focus is on a **family in Guatemala** who are struggling to cope with the effects of climate change. Children are being denied an education because of the effects of the climate crisis. They now live with extremes of weather with floods and droughts in the same year, where children already face barriers to education. Donating to Trócaire can change their lives. Your generosity as usual will be much appreciated.

Social & Active Club

Ballinhassig Parish Social & Active Retirement Club:-

Please note **NO SOCIAL** on next THURSDAY

March 13th.

NEXT MONTHLY SOCIAL

Thursday **April 10th.**

Committee Meeting Monday 10th at 11.00am.

Carry on Regardless

Tickets on sale **March 9th** from 2.00pm -3.30pm & **March 11th** from 7.30pm - 8.00pm in the Marian Hall. Adults 15, Kids 7.50Euro. Cash only.