

## Anniversaries

John Clarke, Rochestown.  
Walter Bermingham, Blackpool.

### Saturday 1st:- Vigil

**Ballyheada 7.30pm**

Mass Intentions:-

Eileen Hurley, Rigsdale.

(1st Anniversary)

Mamie Murphy, Rigsdale

### Sunday 2nd:-

**Ballygarvan 10.30am**

No Mass Intentions:-

**Goggins Hill 12noon**

Mass Intentions:-

Paddy & Hannah Coleman,

Ballynagrumoolia.



## We Remember

Liz Dunne (née Sreenan), Farlestown;

John Mangan, Bishopstown &  
Ballinhassig who died this week.



We pray for their families,  
neighbours and friends.

### Temperance Sunday

This Sunday March 2nd is Day of  
Prayer for Temperance.

We remember and pray for all those  
suffering with addiction, and also pray  
for their families and friends.

## MASS TIMES Next Week:-

Wednesday 5th:-

**Ash Wednesday**

**Goggins Hill only 9.30am**

Thursday 6th:-

**Ballyheada 9.30am**

**Rosary for Lent after 9.30am Mass**

Friday 7th:- First Friday

**Ballygarvan 9.30am**

**Adoration after 9.30am Mass**

**Ballyheada:-**

**Holy Hour 7.00pm-8.00pm**

Saturday 8th:-

**Ballyheada 7.30pm**

**First Saturday Devotions 6.50pm**

Sunday 9th:-

**Ballygarvan 10.30am**

**Goggins Hill 12noon**

**Day of Prayer Victims Of Abuse**

This Friday March 7th is Day of  
Prayer for Victims of Abuse.

**Fasting & Abstinence**

*Ash Wednesday* is to be observed as a  
day of penance in the whole Church,  
one of both **abstinence and fasting**.

# Ballinhassig Parish

## Newsletter

for Ballygarvan, Ballyheada and Goggins Hill



Vol. 33 No. 26 Sunday: March 2nd, 2025 (Eight Sunday In Ordinary Time)

Mary O'H  
writes..

## Lenten Season of Reflection

*Lent begins on Ash Wednesday*, we are asked to fast on that day as Jesus did in the desert. We also receive **ashes** as an outward sign of our willingness to turn back to God. The Gospel tells us how to approach that renewal of our lives by **prayer, fasting and almsgiving**. We are encouraged to stop, to take a look at our lives, to see where we are going. It is at this time of the year that we are encouraged to step out of our usual patterns of life and become more aware of our relationship with ourselves, with others and with our God. We are invited to turn away from the busyness of everyday life and turn once again towards God.



The **Trocaire Box** will serve as a reminder of the giving aspect of the Lenten season.

### LENT....

- .. **Lent** begins on Ash Wednesday and ends on Holy Thursday.
- .. It lasts for **forty days**, reflecting the forty days that Jesus spent in the desert.
- .. **Lent** is a time for **Prayer, Fasting and Almsgiving**.
- .. **Purple** vestments are worn by the priest during **Lent**.
- .. The **Gloria and Alleluia** are not prayed during **Lent**.
- .. Decoration of the **sanctuary and altar** are **simple** during **Lent**.
- .. **Lent** is a time **to give up** or **take up** in preparation for **Easter**.



### Readings March 9th

Deut 26:4-10. Ps 90:1-2, 10-15, R/ v 15.  
Rm 10:8-13. Lk 4:1-13.

2025 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday

by Mary O'Halloran (4885062, 4885257)

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Parish Priest:- Fr. Danny Pyburn Telephone: 087 2412186

## Prayers for Ash Wednesday March 5th

O Jesus you place on my forehead  
the sign of Your saving Cross  
“Turn from sin and be faithful  
to the Gospel.”

How can I turn from sin  
unless I turn to You?

You speak,  
You raise Your hand  
You touch my mind and call  
“Turn to the Lord your God.”

These days of Your favour  
leave a blessing as You pass  
on me and all Your people.  
Turn to us, Lord God.

O Jesus you place on my forehead  
the sign of my sister Death  
“Remember you are dust and to  
dust you shall return.”



Ash Wednesday

One day my life on Earth  
will end;  
the limits of my years are  
set, though I know not the  
day nor the hour Shall I be  
ready to meet you?

Let this **Holy Season** be a time of  
grace for me and all this world.  
“Teach us to number our days  
aright, that we may gain wisdom of  
heart.” *Amen.*

### Ash Wednesday March 5th- Distribution Of Ashes

Ashes will be available in Goggins Hill at 9.30am Mass.

Ashes will be available in:-

**Ballyheada & Ballygarvan** churches after 9.30 Mass in  
Goggins Hill. (11.00am approx.) **NOTE MASS in Goggins Hill only.**  
Ashes will also be brought to the schools and Nursing Home.

### As the season of Lent Begins...

Merciful God, through your prophet, Joel you reminded us of the true  
meaning of penitence.

As the holy season of Lent begins, turn my heart towards you.

Let the mark of ashes remind me throughout the season of  
this call to conversion.

May my repentance be truthful and sincere.

May my prayer be open to your guidance and grace.

May my almsgiving be generous and without strings or restrictions .

*In the name of your Son, our Lord Jesus Christ, I pray. Amen.*



**Womens  
World  
Day of  
Prayer**  
will be  
celebrated  
on **March  
7th.**

Theme for  
2025 is “*I  
made you wonder-  
ful*” (Psalm  
139:14)  
prepared  
by the  
women of  
the *Cook  
Islands.*

### Trócaire – Lent

Traditionally, during **Lent** we make a special effort of supporting our brothers and  
sisters in need. We in Ireland, have done that through **Trócaire Lenten Campaign.**

**Trócaire boxes** are available in the three churches this week end.

### Community First Responders

**Ballinhassig Community First Responders**  
are a **Volunteer Community Base Group**  
with the **National Ambulance Service**, who  
provide training to our community, and are  
open to new members.

Learn how to perform life saving skill of  
**CPR.** This certified course will be held in  
the Marian Hall, Ballinhassig on Saturday  
**March 1st & Saturday April 5th.**  
Details from Mary **086 8788 558** or  
Elaine **087 9786 350.** All welcome.

### Ballygarvan GAA Dinner

Ballygarvan **GAA Dinner & Awards Night**  
on Friday **March 7th** in **Carrigaline Court  
Hotel** at 7.00pm. Tickets 50Euro & available  
from **087 2566 195** or **087 9263 659.**  
All welcome.

### Medjugorje Pilgrimage from Cork

Pilgrimage departs Cork on **June 4th, 2025**  
with Aer Lingus and has a Spiritual Director.  
Full daily programme and optional tours.  
4star hotel located close to the village centre  
and St. James Church. Half board: breakfast &  
dinner daily. Coach transfer to Medjugorje  
and return from hotel to airport on departure.  
Check in assistance at airports. 20kg check in  
bag and I cabin bag. Further details & booking  
Jim Keogh **087 2678 793** or **021 4885 371.**  
All welcome.

### Pilgrimage to Lourdes

Diocesan Pilgrimage September 19th to 24th,  
2025. Fly from Cork to Lourdes.  
Booking now open with Joe Walsh Tours at  
**01 2410 800.** All welcome.

### Youth 2000 Retreat

Youth 2000 Munster Retreat for ages 16-35.  
Knockadoon Camp, Co. Cork. **March 7th-9th.**  
Suggested Donation:- 75Euro. Youth2000.ie

### Ordinary Time

**What is Ordinary Time in the  
Liturgical Calendar?** Besides  
the times of the year that have  
their own distinctive character,  
there remain in the yearly cycle  
thirty three or thirty four weeks in  
which no particular aspect of the  
mystery of Christ is celebrated, but  
rather the mystery of Christ itself  
is honoured in its fullness,  
especially on Sundays.

This period is known as **Ordinary  
Time.** It begins on the **Monday**  
which follows the Sunday  
occurring after **January 6th** and  
extends up to and including the  
**Tuesday before the beginning of  
Lent;** it begins again on the  
Monday after Pentecost Sunday  
and *ends before evening prayer of  
the First Sunday of Advent.*

### Tour/Pilgrimage To Portugal

From The Vineyards of Porto to  
The Sun-Kissed Shores of the  
Algarve.

A **Cultural Tour/Pilgrimage to  
Portugal from June 8th-20th,  
2025** with *Group Leader, Micheál  
De Barra* and *Spiritual Director,  
Fr. John Newman.*

Highlights include visits to **Porto,  
Braga, 3 days in Fatima, Coimbra,  
Lisbon and the Algarve.**

Fr. John will celebrate Mass for the  
group at various shrines and venues  
along the way. All welcome.  
Further information and booking  
**086 8337681** or email  
**michealdebarra3@gmail.com**