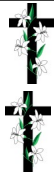


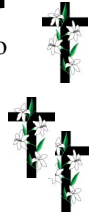
Anniversaries

Anna Moynihan, Ballygarvan Upper.
Owen Moynihan, Ballygarvan Upper.
Fr. Sean Buckley.
Betty Cashman, Castletreasure.
Katrina O'Neill, Kilmurry & London.
Noreen O'Connell, Kilmurry & London.



We Remember

Seamus Casey, Gortnacloagh who died recently. *We pray for his family neighbours and friends.*



Sympathy

We offer our sympathy to *Anne Casey, Gortnacloagh* on the death of her husband *Seamus Casey, Gortnacloagh* and to *Liam and Chris Casey* on the death of their father *Seamus Casey, Gortnacloagh*. Sympathy also to all other relatives, friends and neighbours.

Readings June 6th

Ex 24:3-8.
Ps 115:12-13, 15-18, R/v13.
Heb 9:11-15.
Mk 14:12-16, 22:26.



Mass Leaflets

Please do not leave your mass leaflets in the church. Take home for disposal. Thanks for your co-operation adhering to our covid 19 restrictions.

MASS TIMES Next Week

Monday 31st:-
Ballygarvan 10.00am

Tuesday 1st:-
Goggins Hill 10.00am

Thursday 3rd:-
Ballyheada 10.00am

Friday 4th:- **First Friday**
Ballyheada 8.00pm
HOLY HOUR 7.00pm-8.00pm

Fr. Christy & Rev. John will make the usual visits to the housebound.

Saturday 5th:-
Ballyheada 7.00pm

Sunday 6th:-
Ballygarvan 10.00am
Goggins Hill 11.30am

Live Streamed

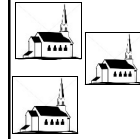
MASS Next Week

Tuesday & Thursday 10.00am
Ballinhassig Parish Facebook Page

Live Streamed

SUNDAY 6th Ballygarvan 10.00am
Ballinhassig Parish Facebook Page

Ballinhassig Parish



Newsletter

for Ballygarvan, Ballyheada and Goggins Hill

Vol. 29 No. 31 Sunday: May 30th 2021 (The Most Holy Trinity)

LIVING IN HARMONY

The Trinity is something that theologians have spent lifetimes trying to explain. It is not something we can explain too easily and yet it's at the very heart of what we believe. We begin all our prayers by making the 'Sign of the Cross' when we pray "in the name of the Father, and of the Son and of the Holy Spirit".

We believe in God who is Father, Son and Holy Spirit. When we pray we naturally invoke the Trinity. It's not something we think about, we automatically do it and feel comfortable about it.

At the heart of the Trinity is relationship. Each Person working in harmony with the others, is what it is about. All working in unity in a truly close harmonious relationship. For us then today, we are invited to the same unity and close relationship, which ultimately is a relationship founded on and living out our lives in love.

The love of God, as lived out in the Blessed Trinity is a life of love that is healing, consoling, redeeming and uplifting. As people who are baptised "in the name of the Father, and of the Son and of the Holy Spirit" we become part of the life of the Trinity itself. We are called as believers then, to live our lives by that example, that we in our turn in our daily lives bring that same hope and love to all whom we meet.

Prayer for Spiritual Communion:

*My Jesus, I believe that you are present in the Most Holy Sacrament,
I love you above all things, and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
Please come spiritually into my heart. I embrace you now,
as if you were already there. And I unite myself wholly to you.
Never permit me to be separated from you.*

Amen.

2021 Ballinhassig Parish Newsletter

*Notices for inclusion should be received not later than 2.00pm on Wednesday
by Mary O'Halloran (4885062, 4885257)
PAN Centre/Parish Office (phone/fax 4885062)
ballinhassigparish@gmail.com www.ballinhassigparish.com
Parish Priest:- Fr. Christy Fitzgerald Telephone: 4885104 or 087/9439666*

We welcome you back to Public Masses

Please arrive a little earlier to facilitate the implementation of all safety procedures. **CAPACITY IN EACH CHURCH 50 PEOPLE.**

Because we have to use a one way system **ENTRY THROUGH MAIN DOORS ONLY.** Exit will be through the **Side Doors only** in all churches.



When waiting to enter & exit we need to continue to be mindful of the **2 metre physical distancing.**

The churches in this parish **will be open Daily:- for PERSONAL PRAYER & LIGHTING OF CANDLES**

BALLYGARVAN:- 9.30am – 5pm
BALLYHEADA:- 9.30am – 5pm
GOGGINS HILL:- 9.30am – 5pm



Please wear a mask, sanitise on entry and exit, follow signage. and maintain social distancing.

Access to the churches be will through the **side doors only.**
Before you leave, use a sanitising wipe to clean all surfaces including doors and handles, pews etc. and place in the bin at the exit.
People are asked not to use the areas that are taped off to ensure the area is kept clean and sanitised.

Short Prayer for Exam Students

Good luck to all students who will complete exams this year in whatever format that may be, remember those who have already commenced their exams, leaving cert students & those awaiting results. ***As a parish community intentions of students of all ages will be remembered at all our Masses and we ask you also to light your own candle at home for their intentions.***

Dear Lord, Give me the spirit of calm to prepare well.
Give me the spirit of wisdom to choose the right questions.
Give me the spirit of reason to answer to the best of my ability.
Allow me do myself justice.
Help me be a source of encouragement for my classmates and friends.
Guide me through the days ahead and keep me always in your care.



***May Your love be upon us, O Lord,
As we place all our trust in you.***

Amen.



Rosary Month of May

You are invited to join Jerry for the last Rosary for the Month of May on Monday 31st at **8.00pm** live streamed from Ballyheada Church.



Baptisms

To arrange or re-arrange a Baptism please contact the **PAN Centre (Parish Office)** at **021/4885062.**

ALONE

Support for older people.
Helpline open seven days a week **0818 222 024.**

Thought for the Week

It is only when we truly know, and understand, that we have a limited time on earth, and that we have no way of knowing when our time is up, that we will begin to live each day to the fullest, as if it were the only one we had.

(Elizabeth Kubler-Ross)

Reflection

The strongest tree in the forest is not the one that is protected from the wind and rain. The strongest trees are the ones that are exposed to the elements. They develop deep roots and stout trunks in order to survive.



In the same way, the struggles we face and overcome in life make us stronger. Reminding yourself of this fact can help you weather the storms of life.

Remember & Pray

We remember and pray for all our parishioners both at home and abroad who are ill in any way at this time, we also pray for the bereaved and remember those who have died recently.



Lord Jesus, friend of the sick, console those who are unwell, restore them to health and bless all who care for them. May the Lord in his love and mercy be with all who are suffering today and be their strength and consolation. Amen.

Graveyard /Church Maintenance

Sincere thanks to those who maintain the church grounds/graveyards at present and those who have done so for many years.

New members welcome to help with grass cutting, cleaning etc in any of the churches or graveyards, please contact the **PAN Centre/Parish Office** at **4885062** for further details.



Irish Catholic paper in Ballygarvan Church

Road Safety

All road users are asked to please be vigilant as there are higher volumes of traffic on our roads once again.

Walkers and cyclists be extra cautious and particularly those with children. There is extra farm related machinery on the roads with the silage and hay season upon us once again. Wear your high vis vests at all times for your own safety and that of the drivers. Drivers of all vehicles be aware of the unexpected and likewise pedestrians and cyclists must be vigilant and exercise care for themselves and other road users.

