

## Anniversaries

Liam O'Halloran, Rigsdale.  
Bridget Lane, Gortnaclough.  
Anna Deasy, Bawnleigh.  
Dan Desmond, Rigsdale.  
Mary Lee, Farranree.  
Catherine Lee, Farranree.  
Mary Forrest, Ballygarvan.  
Pa and Mary O'Leary, Ballea.  
Margaret Forrest, Ballygarvan.  
Maureen Coughlan, Adamstown.  
Joe and Eileen Bowen, Killingley.  
Ellen, Bill & John O'Shea, Glanmire.  
Danny and Lily O'Leary, Meadstown.  
Madge, John & Sean Dineen, Ballydehob.

## We Remember

*Ann Guirey, England.*  
*John Anglin, Clonakilty.*  
*Liam Gibney, Cork.*  
*Canice Mackey, Co. Kilkenny* who died recently. *We pray for their families, neighbours and friends.*

## Sympathy

We offer our sympathy to *Paddy Mackey, Rathmacullig* on the death of his brother *Canice Mackey, Co. Kilkenny.*

## Baptisms

Please contact the PAN Centre (Parish Office) 021/4885062 after February 1st for update. No Baptisms at present.

## MASS

**Under Level 5  
Restrictions No Public  
Celebration of Mass.**

### Live Streamed

**MASS Next Week**  
*MONDAY- FRIDAY 11.00am*  
*Ballinhassig Parish Facebook Page*

### Live Streamed

**SUNDAY 11.00am**  
*Ballinhassig Parish Facebook Page*

## Irish Catholic Paper

Please continue to collect your Irish Catholic newspaper in **Ballygarvan Church at exit door. New price 2.50Euro from February 4th.**

The churches in this parish will be open Daily:- for **PERSONAL PRAYER LIGHTING OF CANDLES Visits to CRIB until Feb 2nd**

**BALLYGARVAN:- 9.30am – 5pm**  
**BALLYHEADA:- 9.30am – 5pm**  
**GOGGINS HILL:- 9.30am – 5pm**

**Please wear a mask, sanitise on entry and exit, follow signage.**

2021 Ballinhassig Parish Newsletter

*Notices for inclusion should be received not later than 2.00pm on Wednesday by Mary O'Halloran (4885062,4885257) Mary O'Donovan (4888268), PAN Centre/Parish Office (phone/fax 4885062) ballinhassigparish@gmail.com www.ballinhassigparish.com Parish Priest:- Fr. Christy Fitzgerald Telephone: 4885104 or 087/9439666*

# Ballinhassig Parish

## Newsletter

*for Ballygarvan, Ballyheada and Goggins Hill*

**Vol. 29 No. 15 Sunday: January 24th, 2021 (Third Sunday In Ordinary Time)**

*Fr. Christy ....*

## TOGETHER

It's hard going with ongoing restrictions. Many feel weary and exhausted by Covid 19 and the challenge of keeping up wearing a mask, sanitising our hands and staying 2 metres apart. It has led to people being isolated, people being on their own and the difficulties that come with loneliness, not forgetting the grief of so many.

This is truly a time when we need our God in our lives and his blessings. We need each other too, to remain united in purpose, even though its getting harder. To reach out with that phone call, to ensure that we do wear our mask and sanitise our hands. It does give us time too for reflection. To pause and to remember each other.

In an effort to continue our online outreach, as well as our Live-streamed Mass at 11am Sunday to Friday, we are also now sharing a simple Night Prayer on Monday to Friday at 8.30pm. It's short and usually lasts only 10 to 12 minutes. Please feel free to tune in to Ballinhassig Parish Facebook Page, you don't even have to be on Facebook yourself to be able to watch and pray with us together. You can always look back on the video later when you are free to do so.

While the PAN Centre is not open to the public, Mary continues to provide an ongoing and enormous service to our parish. People can contact Mary on 4885062 and she will attend to your needs for booking Masses and making Mass cards available to you. Leave a message if she can't take your call and she will call you back.

There is so much good in people at this time let us try to focus on that goodness, build on it and in this way as well as with our online prayer, we will support and help each other through all of this.

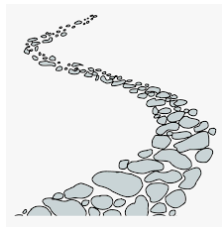
## Prayer after a difficult Day

We can pray in many different ways – in silence, in our own words or by lighting a candle. Sometimes we need help to pull our thoughts together.



Dear God,

Sometimes life is good and sometimes it's not. Help us to know that you are with us in all of it. Where we have done wrong to-day, forgive us; When we have felt sad, comfort us; Where we have been afraid, strengthen us; When we feel we've had enough Give us strength to try again.



For we are on an amazing journey of faith, And we know that you never leave us. Bless this home to-night And let your peace be known. In Jesus name we pray.

Amen.

## Family Prayer in time of Pandemic

Lord Jesus Christ, you travelled through towns and villages "curing every disease and illness." At your command the sick were made well again. Come to our aid now, in the midst of the global spread of this virus, that we may experience your healing love. Lord, healer of all, stay by our side in this time of uncertainty and give us your peace.



In your mercy Lord, hear our prayer. Amen

## Daily Prayer

May I be filled with loving kindness  
May I feel safe from harm.  
May I accept myself as I am.  
May I be peaceful and at ease.  
Sacred Heart of Jesus I place all my trust in you.  
Glory be to the Father, and to the Son, and to the Holy Spirit. Amen



## Sunday Of The Word Of God

At the end of the Year of Mercy Pope Francis proposed setting aside a 'Sunday given entirely to the Word of God.' He declared this to be the **Third Sunday in Ordinary Time, January 24th in 2021.** Resources available from [www.catholicbishops.ie](http://www.catholicbishops.ie)

## Care Needed On Roads

Drivers of all road vehicles please be vigilant as there are significant numbers on foot and bicycles as the Covid -19 restrictions continue. Walkers and cyclists wear your high-vis vests and be mindful of vehicles while observing the 5k rule.



## Readings January 31st

Deut 18: 15-20 Ps 94:1-2, 6-9, R/v 9.  
1 Cor 7:32-35 Mk 1:21-28

## PAN CENTRE (PARISH OFFICE)

Parish Office is not open to the public but All services are still available by contacting Mary 021/4885062.

Post Box outside office door.

You can continue to Book Masses.

Anniversaries for Newsletter.

Weddings.

No BAPTISMS at present.

All MASS CARDS available.

Offertory Envelopes & Calendar available on request if not available in church.

FUNERALS & WEDDINGS in accordance with HSE & Government guidelines.

NEWSLETTER available in all churches and usual outlets and on Parish website.

Emergencies (of any kind) contact 4885062.



## Help & Support

Ballinhassig Parish Help & Support Team is a free voluntary service. If you are at home feeling lonely, isolated, self isolating or unwell in any way regardless of age and can't go out or won't go out and in need of anything, help is at hand.

Contact Mary at PAN Centre (Parish Office) at 021/4885062 or Denis at 087/2688174 and you will be put in contact with one of the group members ASAP.



We are all in this together, we can help as individuals, as a parish and a society. Working together while awaiting the vaccine we will rise to this challenge once again while being mindful of our individual and collective responsibility to stay safe and adhere to all guidelines.

## Helplines:-

ALONE 0818 222 024  
SAMARITANS 1850 609 090  
PIETA HOUSE 1800 247 247  
021/4395333  
LISHEENS HOUSE  
023 888 8888  
AWARE 1800 80 48 48  
CHILDLINE 1800 66 6666  
EDEL HOUSE 021/427 42 40  
HSE LIVE 1850 24

## Rosary Beads

Rosary Beads found in church. Contact Parish Office 4885062.

## Thought for the Week -

Everyone wants to be the Sun to brighten up someone's Life, but why not be the Moon, to shine on someone's darkest Hour.

