

Anniversaries

Dennis O'Leary, Ballygarvan Upper.
Patricia (Pat) Connor, Corran.
Gretta Murphy, Bandon.
Brid Healy, Ballyleigh.
John Casey, Ballygarvan.
Sean Quinlan, Bawnleigh.
Esther O'Donoghue, Coolatuder.
Timothy O'Callaghan, Ballyduhig.
Joe O'Callaghan, Ballynagrumbolia.
Angela O'Callaghan, Ballynagrumbolia.
Fr. Wilfrid Aherne, Ballygarvan West.
Sr. Ellen Mary Aherne,
Ballygarvan West.



Sympathy

We offer our sympathy to the **Pat Hickey, Adamstown and Peg Murphy, Windsor on the death of their sister Marie Hickey, London & Ballyhooleen.**
Sympathy also to all other relatives, friends and neighbours.



Mass Cards

Available in the PAN Centre (Parish Office) (*sympathy cards, mass intentions etc.*) Contact Mary **021/4885062.**

Ballinhassig Parish Assembly
Mass of the Sick, Healing & Light
scheduled for **May 18th is cancelled.**

Ice Cream Sunday scheduled
for **May 23rd/24th is also cancelled.**



2020 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday
by Mary O'Halloran (4885062,4885257) Mary O'Donovan (4888268),
PAN Centre/Parish Office (phone/fax 4885062)
ballinhassigparish@gmail.com www.ballinhassigparish.com
Parish Priest:- Fr. Christy Fitzgerald Telephone: 4885104 or 087/9439666

MASS TIMES

The churches will remain closed
Diocesan directive in line with
HSE and Government
Guidelines.

The Newsletter is available
in the usual shops.

Watch Daily Mass

Ballinhassig Parish:- Facebook
Live daily at 11am Sunday to Friday.

RTE News Now at 10.30am daily

www.corkcathedral.ie

Kinsale <http://kinsale-parish.org/st-johns-church-web-cam/>.

Saturday 6.30pm;
Sunday 10.00am and 12 noon.

Thank You

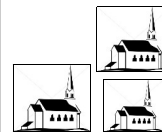
Ballinhassig Parish Assembly sincerely thank all those who joined them to light the **Candle of Easter Hope** in their homes on Holy Saturday night. We were joined by friends from New York, Boston, Germany, France, Australia, London and many more.
Let us reflect the light of the Easter candle to all those we meet, especially to those who are looking for a way out of darkness.



Ballinhassig Parish

Newsletter

for Ballygarvan, Ballyheada and Goggins Hill



Vol. 28 No. 31 Sunday: April 26th, 2020 (Third Sunday Of Easter)

Fr. Christy
writes...

RECOGNISING HIM

Imagine the scene, you have been let down, you are disheartened, at times you despair. You need now, more than ever, an uplift, hope, some inspiration to lift your spirits. This can come in a number of different ways: a phone call, a kind comment or message from someone or a simple smile.

For the two disciples on the road to Emmaus they were dispirited to say the least. When the stranger came and walked with them they must have asked how could he not know about all that happened in Jerusalem with Jesus.

It was only when they were at table with him that the veil was lifted from their eyes and they recognised Jesus at 'The Breaking of Bread'. As they reflected, they recognised too, that as he was speaking to them their hearts were burning within them, such was the effect Jesus talking to them had. Meeting Jesus had changed them. No longer were they downcast. You can imagine how, with a pep in their step, they headed back to Jerusalem to share the wonderful news.

For us too, Jesus walks and talks with us. His words inspire, give us hope and his presence can lift our spirits. These days, when like the two disciples on their road to Emmaus, and we on our road are trying to deal with the restrictions placed on us because of the Coronavirus, we too find hope, light and inspiration in Jesus who walk with us, who never abandons us, because with him we are never alone. As we continue on our journey we have the knowledge that Jesus is with us at all times and in every situation.

Meeting Jesus can transform and energise us too!

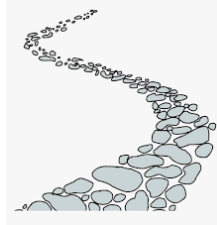
Mass on Facebook Live on the Ballinhassig Parish Facebook page at 11am from Fr. Christy's home Sunday to Friday. You don't have to be on Facebook. Just log on to www.facebook.com/Ballinhassig-Parish or <https://www.facebook.com/105732007775162/live/>

Road to Emmaus

Rev. John Guirey writes...

There are moments when life for us comes to a standstill, especially in times of deep sorrow. We feel like the last person in an evacuated world. The two disciples had hoped that Jesus was the one to redeem Israel from Roman tyranny. Not unlike the disciples, we also place our hopes on certain things and expect things to turn out in a certain way. But in life, things don't always happen the way we want, the way we hope, pray or expect.

Our journey in life is littered with shattered hopes, broken dreams, joys and sorrows. We are all on that journey to Emmaus. The question is: How do we deal with such experiences and feelings? How do we cope with the dramatic events that leave us traumatized? How do we arrest the silent but deadly haemorrhage of our faith in times of trouble.



Both disciples felt the burning in their hearts when Jesus joined them and spoke scripture to them, even though they didn't recognise him. When we instill the Gospel of Christ into the blood and bones of our own being, we receive the fuel that reignites the dying embers of our burning hearts, because we will feel Jesus' presence, even when we won't recognise him.

Cork County Council - COVID-19 Community Support Programme

Cork County Council - through its COVID-19 Community Support Programme - is working with a range of statutory and voluntary organisations to ensure that the needs of older people and more vulnerable people are met across the towns, villages and communities of County Cork during this COVID-19 crisis.

The County Council is working with An Garda Síochána, the HSE, Local Development Companies, The Churches, IFA, Local Link, An Post, the Cork Volunteer Centre, and others, to coordinate a multi-agency response in the delivery of much needed services to vulnerable citizens across County Cork.

The Council's Community Support Programme is available and ready to help you or someone you know - whether that is by collecting medication, groceries, providing social support or advice, or simply by making a friendly phone call.

To access this support, Cork County Council has established a dedicated FREE contact number 1800 805 819 with lines open from 8.00am to 8.00pm seven days a week. You can also email covidsupport@corkcoco.ie or text (085) 8709010. The Council, and its trusted partners, will do its utmost to help people through these challenging times.

The World has Changed

*We slept in one world and
woke up in another.*

*Suddenly Disney has no more magic,
Paris is no more romantic and
in New York everyone sleeps
and Chinese Wall is not a
fortress anymore.*



*Suddenly, hugs and kisses
become weapons and, not
visiting Parents and Grandparents
become an act of love.*

*Suddenly, we realised that
power is not that valuable
and money is not that
powerful.*



Calm

No need to rush, no need to be manic
It's not a time to be frantic, chaotic or panic,
It's a time for calmness, from the inside out,
It's a time to reflect on what life is all about,

We all have a purpose, each and every one,
Yet at times we forget,
so busy getting things done,
Use this time to reconnect
to what's important to you.

Calmness will help you to
recharge, to refresh and
renew.



Pray For The Sick

Pray for all our parishioners and all others who are unwell in any way at this time. Also remember those caring for them in hospitals, nursing homes and at home. **You are all in our thoughts and Prayers at this time.**

Thank You

Sincere thanks to all those who are cutting grass and maintaining our graveyards.

Beware of Bogus Callers



Be aware even in this time of pandemic there are bogus callers and scammers.

Do not engage with unknown and bogus callers offering to do work or maintenance to your property or garden.

Also be aware of bogus telephone callers purporting to be your local priest. In this parish the only calls from parish clergy will come from **Fr. Christy pp and Rev. John Guirey.**

(alert your elderly family or neighbours)

Be cautious also of emails, there are scam ones circulating from banks and revenue.

SECAD - Online Sessions

Making Health & Happiness a Habit.

This programme entails **six online sessions**, lasting one and a half hours each.

1. Where to begin.... 2. Make little changes.... 3. Nature's medicine..... 4. Mind - set.... 5. movement..... 6. improve sleep.

Further details Tara at SECAD

087/2473606 or **tdoyle@secad.ie**. FREE and registration with SECAD not necessary. All welcome.

Stay Safe

At present there are more pedestrians and children walking and cycling on our roads so it is important that motorists are vigilant of them and likewise they of our motorists. Enjoy your walks but stay within the guidelines and wear your high vis vests at all times.



Thought for the Week
Sorrow looks back
Worry looks around
Faith looks up.