

## Anniversaries

Maureen Coughlan, Adamstown.  
Declan Madden, Ballinvoltig.  
Nellie Buckley, Kinsale.  
Julia Daly, Ballygarvan.  
William Daly, Ballygarvan.  
Humphrey Healy, Killarney.  
James McCarthy, Skehanagh.



## We Remember

*Liam Duggan, Bandon & Goggins Hill;*  
*Maureen Keohane (née O'Sullivan)*  
*Clonakilty & Kealkil;*  
*Grainne O'Donovan, Bandon*  
*who died recently.*  
*We pray for their families,*  
*neighbours and friends.*



## Temperance

**Day of Prayer for Temperance:-**  
Sunday **March 3rd** pray for all who suffer from addictions and their families who share their suffering.

## Thought for Lent



Maybe instead of **giving up** something for **Lent** we should consider **taking up** something:-\*\*\*Make time for family prayer; \*\*\*Call to the Church and pray the Stations of the Cross; \*\*\* Make an effort to do something extra for a family member, neighbour or someone in need.

**S**tations of the Cross during **Lent** in Ballygarvan Church on Thursdays at 7.30pm.

## MASS TIMES Next Week

**Monday 4th:-**  
*Ballygarvan 9.30am*

**Tuesday 5th:-**  
*Goggins Hill 9.30am*

**Wednesday 6th:- Ash Wednesday**  
*Ballygarvan 9.45am*  
*Goggins Hill 7.30pm*

**Thursday 7th:-**  
*Ballyheada 10.00am*

**Saturday 9th:-**  
*Ballyheada 7.00pm*

**Sunday 10h:-**  
*Ballygarvan 10.00am*  
*Goggins Hill 11.30am*

**March 6th is Ash Wednesday.**  
**(Day of Fast and Abstinence)**  
*Ashes will be distributed at Mass and to the schools and nursing home of the parish.*

**Day of Fast & Abstinence**  
*Ash Wednesday begins the season of Lent and is one of only two days in the year, (the other being Good Friday) that are days of Fast & Abstinence. We abstain from meat on these two days and fast by eating less than normal, as a form of penance. People between 18-59 are to Fast and those over 14 years to abstain from eating meat.*



# Ballinhassig Parish

## Newsletter



*for Ballygarvan, Ballyheada and Goggins Hill*

Vol. 27 No. 23 Sunday March 3rd, 2019 (Eight Sunday In Ordinary Time)

*Fr. Christy writes....*

## TRÓCAIRE MEANS MERCY

Lent is once again on the horizon. Lent invites us to personal spiritual renewal, and also to be mindful of our poor, oppressed and persecuted sisters and brothers and to reach out to them in their hour of need.

This year the focus is on Land Rights in Guatemala. Land is a human rights and justice issue. In our world today, one quarter of families are landless. There is no specific SDG (Sustainable Development Goal) that addresses the issue of land rights, but many of the goals can be considered land-related goals, meaning goals that cannot be achieved without addressing issues linked to land ownership and use. In Guatemala, native people are facing eviction from their ancestral lands for the benefit of big commercial mining and palm oil companies.



The four-sided "Trócaire Box" has stories to tell. One about families forced from their homes, another about the absence of rights for women in terms of inheritance and the third about the grabbing greed of big businesses who take over people's land for their own profit and gain. The leaflet in the Trócaire Pack gives further detail but there is a fourth side to the Trócaire Box and it bears that very name "Trócaire" –mercy. That word tells a story too. It's a story called "Response".

Please pick up your pack from the church and continue to support Trócaire in their vital work throughout the world to help sustain those in greatest need. There are also envelopes available if people wish to make a one off donation.

### Lent at Glenstal Abbey

**'Journeying with God's People in Exodus'** - Join us over 5 of the Sundays in Lent, commencing March 10th, and explore this journey, theirs and ours., through Exodus. Time: **4.30pm** in the Library followed by Refreshments & Vespers. Contact **061/621005** or **events@glenstal.com**

2019 Ballinhassig Parish Newsletter

Notices for inclusion should be received not later than 2.00pm on Wednesday by Mary O'Halloran (4885062,4885257) Mary O'Donovan (4888268), PAN Centre/Parish Office (phone/fax 4885062) ballinhassigparish@gmail.com www.ballinhassigparish.com Parish Priest:- Fr. Christy Fitzgerald Telephone: 4885104 or 087/9439666

## Anam Cara

*Anam Cara*, the organisation that supports Bereaved Parents will hold a **'Parent Information Evening'** on Wednesday **March 6th at 7.20pm** in the **Clayton Hotel, Silver Springs, Tivoli, Cork.**

This event is free and open to all bereaved parents regardless of when your child died, age, or the circumstances of their death.

## Vocations Weekend

**"Lord, show me your way,  
That I may walk in your truth"**

The community of **Glencairn Abbey, Lismore** are hosting a **Vocations Weekend** for women from **March 15th-17th.** **Glencairn Abbey** is home to the Cistercian Order. Further information contact **Sr. Sarah** at **058/56168** or **vocations @glencairnabbey.org**

## Special Collection

The special collection next weekend **March 9th /10th** is for the **Bishops' Commission.** This funds the work of the Irish Bishops' Conference, and commissions.

## Trócaire - Lent

Traditionally, during **Lent** we make a special effort of supporting our brothers and sisters in need. We in Ireland, have done that through the **Trócaire Lenten Campaign.** Trócaire boxes are available in each Church and through the schools. This year the focus of the Lenten Campaign is on Land Rights in Guatemala.



## Shrove Tuesday

On **March 5th** gather with neighbours, family or friends and share **Pancakes** before the Lenten season begins.

## Ballygarvan Community Association

The following are some of the classes at the centre and open to all. (Old School)  
**Monday:- Mens Shed** 10.00am-12noon;  
**Kids Dance classes** 3.00pm-5.00pm;  
**Fitness classes** 7.30pm-8.30pm.  
**Tuesday:- Kids Music classes** 3.00pm-5.30pm; **Knit & Knatter** 8.00pm-10.00pm; **Pastel Art classes** 8.00pm-10.00pm  
**Slimming World** 5.00pm-8.00pm.



**Wednesday:- Children's Yoga** 3.00pm-4.00pm; **Adult Beginners Yoga** 7.30pm-8.30pm; **Bingo** 8.00pm-9.30pm.

**Thursday:- Zumba Classes** 7.30pm-8.00pm; **Line Dancing** 8.00pm-9.00pm.  
**Friday:- Foróige Youth Club** 6.00pm-9.30pm.

**Saturday:- Adult Art & Craft** (full day first Saturday of each month)



Newly refurbished rooms & kitchen are available for hire for parties, meetings, classes etc.

Details and booking **website:**  
[ballygarvancommunityassociation.com](http://ballygarvancommunityassociation.com)  
**facebook:**[ballygarvancommunityassociation](https://www.facebook.com/ballygarvancommunityassociation)

## Lenten Path

During Lent we are encouraged to stop, to take a look at our lives, to see where we are going. We are challenged to learn once again what it means to be a follower of Jesus.

.. **Lent** begins on **Ash Wednesday** and ends on **Holy Thursday.**

.. It lasts for **forty days**, reflecting the forty days that Jesus spent in the desert.

.. **Lent** is a time for **Prayer, Fasting and Almsgiving.**

.. **Purple** vestments are worn by the priest during **Lent.**

.. The **Gloria and Alleluia** are not prayed during **Lent.**

.. It is a time to **give up, take up** preparing for **Easter.**



## Prayers for Ash Wednesday

O Jesus you place on my forehead  
the sign of Your saving Cross  
"Turn from sin and be faithful  
to the Gospel."

How can I turn from sin  
unless I turn to You?

You speak,  
You raise Your hand  
You touch my mind and call  
"Turn to the Lord your God."

These days of Your favour  
leave a blessing as You pass  
on me and all Your people.  
Turn to us, Lord God.

O Jesus you place on my forehead  
the sign of my sister Death  
"Remember you are dust and to dust  
you shall return."

One day my life on Earth  
will end;  
the limits of my years are set,  
though I know not the day  
nor the hour Shall I be  
ready to meet you?



Ash Wednesday

Let this Holy Season be a time of grace for  
me and all this world.

"Teach us to number our days aright,  
that we may gain wisdom of heart." Amen

## Bishopscourt Social

**Bishopscourt Residential Care**  
monthly Social on Thursday next  
**March 7th from 2.30pm-4.30pm.**  
**Music, chat & Cuppa.** All welcome.



## Thank You

**Ballinhassig Bridge Club** would like to sincerely thank all those who attended their recent **Fundraising Bridge** in the Marian Hall, Ballinhassig in aid of **Penny Dinners.** Total proceeds of **2850Euro** were presented to Penny Dinners last week. Well done to all!!!!!!



## Dates for your Diary

### Parish Confirmation

**Ballygarvan:-** March 22nd at 10.30am  
**Goggins Hill:-** March 26th at 10.30am

### First Holy Communion

**Ballyheada:-** May 11th at 11.00am  
**Goggins Hill:-** May 18th at 11.00am  
**Ballygarvan:-** May 25th at 11.00am

## Carry on Regardless 2019

Ballinhassig GAA All Stars Presents  
**Carry on Regardless \*\* Music & Comedy Show\*\*** in the Marian Hall, Ballinhassig from Thursday **March 14th - Sunday 17th.** Show commences at 8.00pm. Admission:- adults 12.50euro; children 5euro.



Tickets on sale in the Marian Hall on:-  
Sunday **March 3rd:-** 2.00pm - 4.00pm  
Early booking advised. Tickets will not be reserved and are non refundable.

Further details **087/2688174.**

## Fresh Fish

Fish on sale in Cottrell's Gala, Ballinhassig on **Ash Wednesday March 6th.**

## Community Alert Meeting

Marian Hall, Ballinhassig on Monday **March 4th at 7.00pm.** All welcome.  
Be Active! Be Alert! Be Involved!!!

## Thought for the Week

*Criticism is just another person's opinion*