

Anniversaries

Mary Forrest, Ballygarvan Upper.
William Deasy, Bawnleigh.
Forrest Family, Lios Cross.
Joe Barry, Rigsdale
Dempsey Family, Ballea.
Tim Twohig, Castlewhite.
Dominic Harrington, Shanagraigue.
Mary O'Keeffe, Adamstown Lower.
Michael Foley, Ballygarvan Lower.
John, Ted and Rita Harnedy, Youghal.
Denis Keane, Ballygarvan & Enniskeane.
Nellie Keane, Ballygarvan & Enniskeane.



We Remember

Joan Scanlon, Waterfall;
Finbarr Mehigan, Passage West
and Goggins Hill;
Bertie Martin, Carrigaline and
Ballyphehane;
Kathy Campbell, Scotland;
Mary Walsh, Blarney & Glasheen.
*We pray for their families,
neighbours and friends.*



*Death is not extinguishing the light,
but putting out the Lamp
because the Dawn has come.*



*Death leaves a heartache no one can heal.
Love leaves a memory no one can steal.*

Temperance

Day of Prayer for Temperance:

- Sunday **February 7th** pray for all who suffer from addictions and their families who share their suffering.

MASS TIMES Next Week

Monday 8th:-

Ballygarvan 9.30am

Tuesday 9th:-

Goggins Hill 9.30am

Wednesday 10th:- Ash Wednesday

Ballygarvan 9.45am

Ballyheada 7.30pm

Thursday 11th:-

Ballyheada 10.00am

Saturday 13th:-

Ballyheada 7.00pm

Sunday 14th:-

Ballygarvan 10.00am

Goggins Hill 11.30am

February 10th is Ash Wednesday.

(Day of Fast and Abstinence)

*Ashes will be distributed at
Mass and to the schools and
nursing home of the parish.*



Thought for Lent

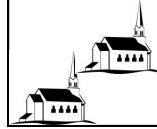
Maybe instead of giving up something for Lent we should consider taking up something: ***Make time for family prayer; ***Call to the Church and pray the Stations of the Cross; *** Make an effort to do something extra for a family member, neighbour or someone in need.



Ballinhassig Parish

Newsletter

for Ballygarvan, Ballyheada and Goggins Hill



Vol. 24 No. 26 Sunday: February 7th, 2016 (Fifth Sunday In Ordinary Time)

*Mary O'Halloran
submits....*

Annual Lenten Season

The *Season of Lent* offers us as Christians an opportunity for reflection. *Lent begins on Ash Wednesday*, we are asked to fast on that day as Jesus did in the desert. We also receive **ashes** as an outward sign of our willingness to turn back to God. The Gospel tells us how to approach that renewal of our lives by *prayer, fasting and almsgiving*. We are encouraged to stop, to take a look at our lives, to see where we are going. It is at this time of the year that we are encouraged to step out of our usual patterns of life and become more aware of our relationship with ourselves, with others and with our God. We are invited to turn away from the busyness of everyday life and turn once again towards God. The *Trocaire Box* will serve as a reminder of the giving aspect of the Lenten season. During Lent we prepare to renew our baptismal commitment at Easter.



We are reminded that when we were baptised we were connected to Jesus for life and during this season we are challenged to learn once again what it means to be a follower of Jesus.

Reflect on the following:-

Springtime of the Spirit

Each year the trees give us a lesson in renewal.

*First they bud,
then they blossom,
and finally they shoot.*

Spring dresses the trees in a new robe, and makes them young again.

But this is possible only because in autumn they let go of their old leaves, and in between endured a period of nakedness.



Lent Springtime of the Spirit.

*Lord, help us not to
be afraid to let go of old habits,
and to face our spiritual poverty,
in order that you may renew us,
and so at Easter we will feel
young again in our discipleship.*

(author Flor McCarthy)



2016 Ballinhassig Parish Newsletter

*Notices for inclusion should be received not later than 2.00pm on Wednesday
by Mary O'Halloran (4885062, 4885257) Mary O'Donovan (4888268),
PAN Centre/Parish Office (phone/fax 4885062)*

*info@ballinhassigparish.com www.ballinhassigparish.com
Priests Phone No:- 4885104 or 087/9439666*

World Day of the Sick

On **February 11th in 1858**, Our Lady first appeared at Lourdes to 14 year old **Bernadette Soubirous**. Later Bernadette was to learn that the mysterious lady was the Blessed Virgin and to hear from her lips, 'I am the Immaculate Conception.'

In 1992 Pope John Paul II instituted the *World Day of the Sick* to be held each year on the commemoration of **Our Lady of Lourdes on February 11th**.

A special Mass and Anointing of the Sick will be held in Ballinhassig Parish in May 2016.



The *theme for World Day of the Sick 2016* is "Entrusting oneself to the merciful Jesus like Mary, based on the Gospel story "Do whatever he tells you"

We Pray For

We pray for all who suffer,
for all in the depths of depression,
Those tortured by anxiety and guilt.
Lord, in your love and mercy,
Free them and raise them up.

Lord Jesus, who healed the sick,
We pray for all who are not well.
Be their help and strength
And bless all who care for them.
Amen.

Prayer In Recovery

Lord, may I always remember to thank you.
May I be a little better each day.
Continue your healing power within me
Bless all those who care for me.

Lord, you have known pain.
I am hurting and a little scared.
I have asked, but as yet I see no answer.
Give strength and patience in my weakness
as I join my suffering to yours.
Amen.

Lourdes 2016 - Young Adult Helpers

The *Diocese of Cork & Ross* invite *Young Adults 18-30 years* old to come to **Lourdes** as helpers from **June 11th-16th**. You will assist with the sick, be involved with the full pilgrimage programme, also time for prayer, making friends and sharing in the story of Lourdes. Places limited, closing date for applications **February 29th, 2016**. Further details contact Fr. Charlie Kiely **021/4537603** at Pastoral Development Office, Parochial House, Ballyphehane; or charles.kiely@corkandross.org

Lourdes 2016 Cork & Ross Pilgrimage

June 11th-16th. 5 Nights Full Board

Pilgrimage Director:
V. Rev. Canon James O'Donovan

Booking forms available from:-
Joe Walsh Tours, 117 Patrick St. Cork
021/4277959.

Details of the official Sick/Assisted Section:- V. Rev. Canon James O'Donovan, Parochial House, Ballinlough, Cork.
021/4292296.

Prayers for Ash Wednesday

O Jesus you place on my forehead
the sign of Your saving Cross
"Turn from sin and be faithful
to the Gospel."

How can I turn from sin
unless I turn to You?

You speak,
You raise Your hand
You touch my mind and call
"Turn to the Lord your God."

These days of Your favour
leave a blessing as You pass
on me and all Your people.
Turn to us, Lord God.

O Jesus you place on my forehead
the sign of my sister Death
"Remember you are dust and to dust
you shall return."

One day my life on Earth
will end;
the limits of my years are set,
though I know not the day
nor the hour Shall I be
ready to meet you?



Ash Wednesday

Let this Holy Season be a time of grace for
me and all this world.

"Teach us to number our days aright,
that we may gain wisdom of heart." Amen.

Ballygarvan Church Painting



No Mass in Ballygarvan Church on
Sunday February 14th & 21st.

Mass transferred to Ballygarvan N.S. (New School) on **Sunday February 14th & 21st** due to **Painting interior of the Church.**



Fundraising Bridge

Fundraising Bridge in aid of the **B.C.D.A. (Ballinhassig Community Development Association)** in the **Marian Hall, Ballinhassig** on Sunday **February 7th** at **2.30pm.** Booking essential as supper will be provided and numbers are required for catering. Details and booking **087/2575689.**

All welcome.

Drawing & Painting

Drawing & Painting classes, for all levels, commencing shortly in **Ballygarvan.** Details and booking contact **021/4893550.**

Goggins Hill Youth Music Group

A group of young people are keen to set up a **Youth Music Group** that will occasionally sing and play at Sunday **Mass in Goggins Hill Church.** Over the coming weeks, the group will meet to *practice in Goggins Hill Church from 10.30am-11.15am sharp every Sunday.* All young singers and musicians are invited to join. We are especially looking for a keyboard player. At present Sunday gatherings are for practice only. When the group are ready to play at Mass, a date will be arranged in *consultation with Goggins Hill Choir.* All welcome!!!



Ciorcal Comhra

Irish Conversation Group at
GAA Rooms, Ballinhassig
Gach Luan/Every Monday from
7.30pm-8.30pm. Eolas /Info **086/2578698**